



Change Your Mind Day



A day of Buddhist meditation and more

Saturday, June 3 2006
11 a.m. to 5 p.m.
Philippe Park, Safety Harbor

Free and open to all

CYMD began in New York's Central Park in 1993 and is now celebrated in over 30 cities. This is the third year that the event will be held in the Tampa Bay area.

Teachings will be offered by local Buddhist groups representing a variety of traditions (Mahayana, Theravada, Tibetan and Zen). As in the time of the Buddha, the teachings will be presented out-of-doors in a relaxed, informal environment.

Guided meditations - chanting - talks - movement - music - books - children's activities

Philippe Park is on Philippe Parkway, about 1.3 miles South of State Road 580 in Safety Harbor, in northern Pinellas County. From Tampa: take Hillsborough Ave West; turn Left on SR 580 in Oldsmar. From Clearwater or St Pete: head East on SR 580 from US19 or McMullen-Booth.

Join us at Shelter #2: the large shelter near the Indian Mound by the bay.

Arrive at anytime. If you come early, bring a picnic lunch, and consider bringing a vegetarian dish to share (water and tea provided).

No experience necessary. No charge or obligation. The Buddha taught that each person must discover the truth of his teachings for themselves. Come and see.

Sponsored by the Tampa Bay Chapter of the Buddhist Peace Fellowship.

www.bpf-tampabay.org

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Internationally coordinated by Tricycle Magazine (www.tricycle.com)

*The Buddha taught that peace and happiness grow
as we change our minds from confusion to wisdom*